



Space2think Newsletter February 2019

Learning. Development. Change. Action.

Newsletter February 2019

Welcome to February's newsletter for Space2think.

Times of uncertainty and change can be useful times to connect with what is core to who we are and what we do. At Space2think one of those core elements is coaching as an approach to support and develop individuals and organisations.

Over the past 12 years coaching has been at the heart of our working with people and one of the key services that we have offered out into the world of work. We are still amazed by, and curious of the impact of a coaching approach on individuals and cultures; *I feel like I'm not having to expend so much energy solving the dilemmas of others, my staff are building in confidence and learning how to reflect and learn for themselves, I have used this approach with my friends and family and it's been really useful.*

We also hear how a coaching approach can challenge individual and organisational habits; *I like to solve other's problems it's how I help others... I think my ideas are better.... We're the leaders/managers so we need to direct...* This challenging of habits is not always comfortable!



Rob Husband



Andy Howie

Over the years our coaching offer has diversified and we find ourselves offering an exciting mix of accredited and bespoke programmes:

Coaching in Education

Millbrook Combined School and Chiltern Wood School –

A practical programme with a flexible choice of assessments leading to different ILM qualifications.

Hanwell Fields Community School - Coaching Champions a pioneering new programme collaboratively designed between Space2think and the United Learning Multiple Academy Trust.

Dr Radcliffe's Church Of England School – Taking an action research approach to understanding how coaching skills and behaviours can be used to support the personal and educational development of Pupil Premium children.

SLT Support – One to one support and development of senior leaders in a range of schools.

Coaching Programmes in the Voluntary Sector

Both Andy and I have a long and rich experience of working with the YMCA movement, this continues with **Sutton Coldfield YMCA** and they train staff to use a coaching approach within their projects. They are doing this through participating in an ILM level 3 Coaching Award.

At the **YMCA Dulverton Group** we are using a coaching approach and coaching support to deliver a personalised management development programme.

Coaching in the Corporate Sector

Working in the centre of the City of London is not always where you will find Andy and I but we have over the past year had great fun supporting the CBI's (Confederation of British Industry) HR and Learning and Development team to develop their internal capacity for coaching through participating in an ILM Level 5 Certificate in Coaching and Mentoring.

Our ILM Approved Centre continues to help people gain relevant professional Coaching, Leadership and Management Qualifications – this newsletter we celebrate with and congratulate:

Jo Dowden (North Oxfordshire Academy) on successfully completing the ILM Level 5 Certificate in Coaching and Mentoring.

Lauren Kane (CBI) for achieving the ILM Level 5 Certificate in Coaching and Mentoring.

Parveen Akhtar (Sutton Coldfield YMCA) on completing the ILM Level 3 Award in Coaching.



Rebecca Neil and **Steph Rockett** (Oxford City Council) ILM
Level 3 Award in Coaching.

At our recent Company retreat we reflected on our learning through and about coaching and have begun to bounce around ideas such as:

- Therapeutic Coaching
- Space2think coaching for human beings who want to claim or reclaim their whole person
- Coaching the human inside the manager and leader

I wonder how these ideas sit with you? Are you trying to claim or reclaim your whole person, or work with the human inside your role, to understand how your identity and history impact you in the now?

Literature to inspire

We are both avid book buyers and readers Andy's latest inspiring read has been:
Crossing the Unknown Sea – Work as a Pilgrimage of Identity by David Whyte. Writing about his life in work inspires us to think about our life in work. A fascinating, encouraging and provocative read.

A little more reading – recent blogs from Space2think

[The joy of freedom](#)

[Understanding the creative forces of Springsteen, Davies and Mercury](#)

[My railcard reflections](#)

[The point of no return](#)

[Panic](#)

[Finding poetry in relationships](#)

And finally...

Our company is built on the crucial and valued relationships we have with our customers and suppliers. We would like to continue our presence in the world so please like and share us on your social media and word-of-mouth channels. If you need to get in touch please do with the contact details below.

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The majority of our work comes through recommendations. If you know of an organisation who would benefit from our services please let us and them know.

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